

SNOHOMISH COUNTY ECEAP

FOOD PREFERENCE POLICY

Snohomish County ECEAP appreciates the diversity of our families and will make efforts to accommodate religious, ethnic, cultural or vegetarian food preferences when possible. When a family identifies that they have a religious, ethnic, cultural or vegetarian food preference, the ECEAP staff will ensure that a Food Preference form is completed. The original copy of the Food Preference form is kept in the child's file and a copy is sent to the Lead Cook/Food Service Manager. The food preferences will be listed along with the special diets or food allergies in the classroom.

When the Lead Cook/Food Service Manager at an ECEAP site receives a Food Preference Form, he/she will determine what food substitutions will be required and when the Kitchen will be able to provide special meals or food for the child. The Lead Cook/Food Service Manager/Program Manager will consult with the ECEAP Nutritionist as needed regarding food preference or food substitutions and/or special meals for the child. Please note that time is needed to plan food substitutions and/or special meals. When the Food Preference Plan is in place, the Lead Cook/Food Service Manager will contact the Program Manager, who will assign a start date.

Snohomish County ECEAP FOOD PREFERENCE FORM

Child Name: _____ Site _____

Date Of Birth: _____ Classroom: _____

Snohomish ECEAP Food Preference Policy is as follows:

If possible, cultural, ethnic, or religious diets will be honored. If a parent asks ECEAP to serve a special diet, the parent must give the reason for the diet. If approved, a plan will be developed with the parent(s) and reviewed by the Lead Cook/Food Service Manager and Site Program Manager.

My child cannot eat the items explained below because of:

☐ Cultural ☐ Ethnic ☐ Religious reasons ☐ Family is Vegetarian

Explain or name these foods: _____

I understand that action will be taken on this information based on the program policy stated at the top of this form.

Parent Signature: _____

Date: _____

Original: Child's file

Copy: Lead Cook/Food Service Manager:

Classroom: Food preference listed
on classroom special diet list